



Proudly Presents

# Pathologies of Feet and Hands

Can you identify **thirty-eight (38) health issues** in feet and hands?

Shingles Skin Cancers The Diabetic Foot Infections Ingrown Toenails  
Parasites Sexually transmitted disease present in the feet Diabetes 2  
Deep Vein Thrombosis (DVT) Morton's Toe Neuopathy Heel Fissures  
OVER PRONATION Achilles Tendonitis Arch Pain and Arch Strain  
Arthritis Athlete's Foot Bunions CALLUSES Charcot-Marie-Tooth (CMT)  
Claw Toes Corns ECZEMA Hammer Toes Heel Pain Heel Spurs  
Mallet Toes Metatarsalgia Morton's Neuroma Overlapping Toes  
Plantar Fasciitis Polydactyly Psoriasis Post-Tib Tendonitis  
Pregnancy and Your Feet Sesamoiditis Shin Splints Toenail Fungus

WHEN: Friday, February 23rd (4:00 pm - 9:00 pm)  
Saturday, February 24th (9:00 am - 3:00 pm)  
Sunday, February 25th (9:00 am - noon)

WHERE: The Maritime Institute  
692 Maritime Blvd  
Linthicum Heights, Maryland

INVESTMENT: \$250 if paid by January 27th  
\$300 if paid after January 27th

## About Your Instructor Lisa Chan, LAc, PhD

Lisa earned her reflexology certification from the American Academy of Reflexology in 1991 and has been teaching Academy classes in various parts of California, USA and overseas since 1995. With an active acupuncture/reflexology/polarity practice in the Greater Los Angeles area, Lisa has hosted her own cable TV show called "Healers on Healing." Lisa teaches Integrated Foot Hand Ear Reflexology, Infant Child Teen Reflexology, Visualization and Intentionality in Healing, Pathology of Feet Hands Ears, and other subjects, and is author of the popular Reflexology Coloring Book.

So many questions build up in the solitude of one's practice, and reflexologists, in general, are such sharing people, it's like an explosion! We all learn so much about our clients and have few places to share our wisdom, successes, questions and horrors. Well, this is the place.



Currently, Lisa Chan's biggest reflexology passion is once again scars (physical and emotional) that show up on her clients' feet, hands, bodies and ears. Today, she coined the term "Map Overlap" when the convergence of childhood injuries and present day challenges became too glaringly related. This coincidence, where injuries to the feet and hands affect the current body will be one of the subjects of this class.

There will be case studies, as well as a chance for each of the participants to be evaluated. (Please don't cringe, Lisa is licensed to diagnose.)

- Do you have burning questions about some unusual feet or hands?
- About your clients' feet or hands abnormal appearance or smell?
- Do you ever wonder if it is safe to touch someone?
- Have you made some wild extrapolations about your client's feet and hands and want to share?
- Do you enjoy talking about feet and hands?
- Or, do you want to up your passion for reflexology learning more?
- Do you want to know why you are having to glove up, mask up, wear foot coverings, shower caps and hospital gowns to work in the ICU on your new client?
- This foot and hand pathology class is for curious minds who are drawn to the idea of reflexology "genetic, structural, viral, bacterial, and parasitic." You may also like reading mystery stories and medical journals, or watching CSI or doctor shows.

The class includes identifying structural pathologies and protocol to support positive change and pain reduction, contraindications for touch, an introduction to kinesiotaping various painful foot presentations, the care of plantar fasciitis, as well as understanding and identifying skin cancers, shingles, eczema, psoriasis, infections, sexually transmitted disease presenting in the feet, Diabetes 2, DVT, and parasites, to name a few. Feast your eyes on this list to be explored during class:

This class came about as Chan was going through her western internal medicine classes in acupuncture school. "I was freaked out at how valuable this information was to reflexologists, how reflexologists could identify so many physical problems and refer on to doctors in situations that could be so dramatically life saving," said Chan. "And then, Bill (Flocco) told me no one else he knows of is teaching such an intensive course anywhere around the world." And so this class was born.

**Who Should Attend:** This class is open to the enthusiastic non-reflexologist, Massage Therapists, Bodyworkers, Reflexologists, others in the caring arts.

## **Need Continuing Education Hours?**

**Earn 12 CE Hours For**

**ARCB American Reflexology Certification Board,  
NCBTMB National Certification Board for Therapeutic Massage and Bodywork,  
ABMP Associated Massage & Bodywork Professionals,  
And Many States.**

# PATHOLOGIES OF THE HANDS AND FEET

## Registration Form

**IMPORTANT: Registration deadline is February 20th**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

Registration Fee for Workshop	\$ _____
\$250 if paid by January 27th	
\$300 if paid after January 27th	

Total Enclosed	\$ _____
----------------	----------

Only those registered for the workshop will be permitted in the classroom.

Please complete this form and mail with your payment, payable to MDRA to:  
Caroline Klem  
2331 Braddock Road  
Mount Airy, MD 21771

A limited number of sleeping rooms have been reserved for MDRA at a special rate of \$135 for single occupancy and \$180 for double occupancy, per night. Please note that your breakfast and dinner meals are included in this price!

To reserve your room, contact the Maritime Institute directly at 866-900-3517.

Do you have additional questions? Questions may be directed to Caroline Klem at [HeartAndSoleConnections@gmail.com](mailto:HeartAndSoleConnections@gmail.com) or 410-259-1881.